



Participant Agreement & Consent

Welcome. I'm honored that you've chosen to walk this part of your journey with me. My teachings and programs are designed to support whole-person transformation—spiritual, emotional, mental, relational, financial, physical, and personal development. Before we begin, it's important that we share a clear understanding of what this work is and what it is not. Please read the following agreement so we can co-create a safe, responsible, and empowering experience together.

Purpose of This Program

My courses, coaching, writings, and educational materials are created to help individuals connect with themselves, heal old patterns, and develop healthier, more authentic lives. Everything I share is based on personal experience, research, observation, education, and lived wisdom.

This program is educational and transformational, but it is not a replacement for medical, mental health, financial, legal, or professional services.

Nature of the Work

While we may explore topics such as:

- emotional healing
- relationship and interpersonal patterns
- trauma awareness
- self-love and identity
- financial beliefs and behaviors
- health and wellness
- sexuality and boundaries
- spiritual development
- legal or social systems
- family dynamics

...I am not acting as a licensed therapist, attorney, medical provider, or financial advisor.

This program offers education, perspective, tools, and mentorship, not clinical treatment or professional services.

Consent to Participate

By participating, you acknowledge and agree to the following:

Voluntary Participation

You are choosing to participate of your own free will, and you may discontinue at any time.

Personal Responsibility

You understand that all choices, actions, and outcomes belong to you. You agree to use your own discernment and seek qualified professionals when appropriate.

No Guarantees

Transformation is personal. I cannot guarantee specific results, outcomes, or timelines.

Not Therapy or Legal Advice

Nothing in this program should be interpreted as medical, psychological, legal, or financial advice. You agree to consult the appropriate licensed professionals for diagnosis, treatment, or formal guidance.

Confidentiality & Respect

You agree to respect the privacy, vulnerability, and humanity of all participants. What is shared in our space remains confidential.

Emotional Safety

Some content may bring up emotions or memories. You understand that this is a normal part of growth, and you agree to reach out to qualified support if deeper issues arise.

Use of Materials

All content—written, audio, video, worksheets, methods, and frameworks—belongs to Ayla's Studio and may not be copied, shared, or sold without permission.

My Commitment to You

I commit to:

- providing a safe, compassionate, and judgment-free space
- honoring your dignity, autonomy, and truth
- teaching from integrity, authenticity, and personal experience
- offering tools that encourage healing, clarity, and empowerment
- showing up as my whole self, with transparency and care

Your Commitment to Yourself

By joining, you commit to:

- showing up honestly and wholeheartedly
- honoring your emotional, mental, and physical limits
- taking responsibility for your healing and learning
- asking for help when needed
- respecting yourself and others

Acknowledgment & Agreement

By participating in any program, class, mentorship, or course offered by Ayla Love or Ayla's Studio, you acknowledge that you have read, understood, and agreed to the terms above. Your continued participation serves as your consent.

Your Signature

Date